



## You Can't Control the Future — Week 4

**Objective:** To stop trying to control our future and experience the peace that comes from trusting God.

- What do the people around you seem to worry about the most concerning their future?
- How have you seen others try to control their future?

### Read together:

*Your heavenly Father already knows all your needs, and he will give you all you need from day to day if you live for him and make the Kingdom of God your primary concern. "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."* **Matthew 6:32-34 (NLT)**

- Describe a time when things felt out of control and God met your needs.
- How does God meeting your needs in the past affect your view of the future?

Read the following verses: **Mark 5:21-24, 35-43**

In this passage Jesus told Jairus, "Don't be afraid. Just trust me."

- Describe issue(s) you are facing where Jesus is saying, "Don't be afraid. Just trust me."

### Pray together:

Ask God to take control of any area where you are worried about the future. Ask Him to replace your worry with His peace.

### Read together:

*Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.* **Philippians 4:7 (The Message)**

### For Further Study

#### Mark 5:21-40

##### Open

What are some common fears people have?

##### Explore

Who was Jairus, and why did he want to see Jesus? (5:22-23)

What was Jairus' attitude toward Jesus? (5:23)

What did Jesus do for Jairus? (5:24)

What happened when the woman touched Jesus' cloak? (5:29)

How did Jesus' reply give the woman comfort and reassurance? (5:34)

What happened while Jesus was still speaking to the woman? (5:35)

Whom did Jesus tell not to be afraid and to "just believe"? Why? (5:35-36)

Who were the only people who went with Jesus to Jairus' home? Why? (5:37-38)

How did people react when Jesus expressed confidence that the dead girl would be all right? (5:40)

##### Reflect

How does Jesus' treatment of the sick woman and Jairus offer comfort to us today?

What does this passage tell us about Jesus' character?

In what situation in your life do you need to heed Jesus' words,

"Don't be afraid, just believe"?

How do you hope God will work in the situations that cause you fear?

##### Apply

What is one fear that you can ask the Lord to help you face this week?

With what concrete action can you show your faith in the Lord this week?