

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step. If you are leading a group through this guide, don't feel like you have to answer every question. Pick out those questions that will stir up conversation and action among your group.

- If you could change one thing about your physical appearance, what would it be and why?

With your Bible or YouVersion, read Proverbs 31:10-30 and 1 Chronicles 28:9.

Even though the Bible does not offer us a clear answer about plastic surgery, these verses do give us guidelines on how to decide for ourselves if plastic surgery is right or wrong.

- Based upon what these passages say and what you learned from the message, how do you think God feels about plastic surgery?
- How have you recognized the importance of inner beauty in your own life?

Read John 16:33, Psalm 103:10-12 and 1 Corinthians 10:13.

These passages answer two of life's most difficult questions, "Why do bad things happen to good people?" and "Why do I feel overwhelmed when God says He won't give me more than I can handle?"

- Based upon what you learned in the message, why do you think bad things happen to good people?
- Describe a time in your life when you felt God was not fair. What did you learn through this experience?
- How do you handle times in your life when you feel overwhelmed? What do these experiences teach you about God?

Read Psalm 63:4 and Psalm 134:2.

These verses answer the question "Why do some people raise their hands during worship?"

- What does worship look like in your life?
- Why is worship such an important part of our relationship with God?

NEXT STEPS

Here are some specific things you can do this week to help you seek answers to life's tough questions:

We all have questions. The Bible has answers! Take some of the questions from this weekend's message and share them with someone who is seeking the answers. Show them how God answers these questions in His word. Talk it over and pray with them.

Submit your "frequently asked questions" to Pastor Craig at <http://www.lifechurch.tv/faq> during the remainder of the FAQ series. This is a great opportunity to have your deepest and most persistent questions answered from a Biblical perspective.

Talk It Over with God:

- Thank God for the way He wonderfully made you.
- Take time to ask God some of your toughest questions. Ask Him to show you the answers.
- Pray for someone you know who is seeking answers to tough questions. Ask God to show them answers.
- Confess the areas of your life that make you feel overwhelmed. Ask for God's comfort and strength in these areas.
- Ask God to instill within you a stronger and more sincere heart of worship.